



CONGREGATE MEALS - 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 HSC id Closed Happy Memorial Day!	1 Beef Tacos Corn Taco Shell or Flour Burrito Shell	2 Shredded Pork Sandwich Potatoes Green Beans Kabata Bread	3 Roast Beef Green Beans Mashed Potatoes Whole Wheat Roll	4 Almond Crusted Salmon Carrots Brown Rice Roll
7 Spinach/Beef Lasagna Broccoli Garlic Bread	8 Roasted Chicken Breast Carrots Wild Rice	9 Beef Stroganoff Green Beans	10 Baked Ham Scalloped Potatoes Spinach or Cabbage Whole Wheat Roll	11 Salmon Asparagus Mixed Orzo Pilaf
14 Hamburger French Fries	15 Chicken Parmesan w/ Pasta Green Bean Salad	16 Meatloaf Roasted Carrots or Brussel Sprouts Whole Wheat Roll	17 Turkey Sweet Potatoes Mashed Potatoes Whole Wheat Roll	18 Alaskan Halibut Tacos Cabbage Refried Beans Whole Wheat Shells
21 Stuffed Shells w/ Meat or Squash Brussels Sprouts Spinach, Garlic Bread	22 Balsamic Roast Chicken Carrots Quinoa	23 Spaghetti w/ Italian Sausage Green & Yellow Peppers Zucchini Garlic Bread	24 Walnut Crusted Pork Roast Mashed Potatoes Squash Whole Wheat Roll	25 Shrimp Scampi Peas Whole Wheat Linguini
28 Shepard's Pie Cranberry Sauce Peas Carrots	29 Honey Dijon Chicken Potatoes Broccoli Cous Caus	30 Pork Shoulder w/ Black Currant Jam Sauce Brown Rice or Forbidden Rice	1 Baked Ham Scalloped Potatoes Spinach or Cabbage Whole Wheat Roll	2 Seafood Linguini w/ Tomato Chickpea Salad

Milk, Bread or Rolls are available everyday \$7 Suggested donation for seniors 60+ \$15 for guests under 60

Soup and Salad available by request

*On March 13, 2020 Homer Senior Citizen, Inc. temporarily closed the dining room to the public in accordance with the current social distancing standards being practiced. We are asking individuals to call 907-235-7655 by 10:00 a.m. to be put on the list for congregate meals. You will be able to pick up your meal at 12:30 noon. Kitchen staff is using disposable containers to pack the lunch. Maintenance staff will meet you at the door. The health of our residents is our primary concern. We thank you for your understanding and patience during this time.

